

Nottingham Rowing Club

Nottingham to Study

Three top Universities
Nottingham - Loughborough – Trent
(all with scholarship programmes)

Nottingham City

Nottinghamshire
(the sporting county)
Rushcliffe Council support NWS
14 Olympics in Beijing 2008
Support from large club base on
the Trent
(Free access to over 30 Ergo's and
club house as part of NRC
membership)



Recent Results

WHORR W8+
2009 – 4th Winners Senior 2 Pennant
2008 – 4th Club Pennant
2007 – 5th Senior 2 Pennant
Over 20 domestic regatta and head wins
including:
Henley Women's Regatta
Holme Countries Regatta
National Champions of Great Britain
8 Athletes Invited to Senior GB final trials
(2008-2009 season)

Nottingham High Performance Squad

Full time coach dedicated to helping you
make the step to Under 23, European and
Full Senior Great British Teams.
Small high quality group allowing plenty of
individual attention.
Based at the National Watersports centre,
Holme Pierrepont.
Head Coach Dez Atkins, previous
International Rower.
Junior and **World Class Start** Programme
coached by Julie Edwards.

Facilities

2000m Rowing Lake
EIS fully equipped gym
Strength & Conditioning Coach
Sports Science Support
7500m Stretch of River



International Athletes

Jacqui Round

2009 World U23 Champion (W8+), 2009 World Cup (W2-),
2008 U23 Bronze Medallist (W4-)

Monica Relph

2009 World U23 Champion, 2009 World Cup (W2-), 2008
FISU

Tina Stiller

2008 U23 Bronze Medallist (W1x), 2007 U23 Bronze
Medallist (W4x)

Frank Jus-Burke

2007 U23 Bronze Medallist (W4x)

Contact

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